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"Taking care of our
health and well being
makes us feel better
about ourselves which in
turn, makes us feel better
about other things in
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BODY

&

SOUL

WELLNESS WORKSHOP

37TH AREA IV LEADERSHIP CONFERENCE

Lady Crystal C. Pittman, National Area IV Director
Teen Demetria Hudson, Area IV TTA President
Lady Barbara Stowe, Area IV TTA Advisor



MARCH
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