

37TH AREA IV CONFERENCE

Observances

LADY CRYSTAL C. PITTMAN,
NATIONAL AREA IV DIRECTOR



WOMEN'S HISTORY MONTH

Honoring the accomplishments of women.

National Women's History Month

National Women's History Month is an annual designation observed in March. During this month, we are all encouraged to honor the women who came before us and fought for equality among all races and genders.



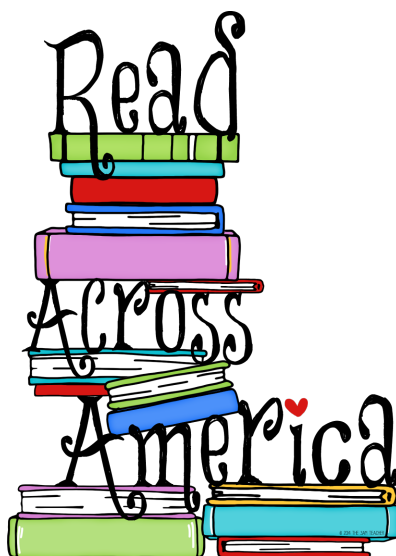
National Kidney Awareness Month

National Kidney Month during March is a reminder to give our kidneys a check up. 1 in 3 Americans are at high risk for kidney disease because of diabetes, high blood pressure, or family history of kidney failure. On top of that, 30 million Americans already have kidney disease, and many of them are not aware of it because symptoms usually don't show until the disease has progressed.



Multiple Sclerosis Awareness Month

Multiple Sclerosis Awareness Month during March encourages support for the nearly 400,000 people diagnosed in the United States with this unpredictable disorder. Learn more about multiple sclerosis and its symptoms. Visit www.mymsaa.org to find out how to provide support to a loved one or a friend who has MS.



Credit Education Month

National Credit Education Month in March provides opportunities to brush up on your finance skills. Check your credit score and find out why it's important to keep a clear credit report. Even more important, find out how to improve it.

Read Across America

National Read Across America Day is an annual event that is part of Read Across America, an initiative on reading that was created by the National Education Association. This day is a motivational and awareness day, calling all children and youth in every community across the United States to celebrate reading.

We are asking each chapter to submit pictures of you participating in Read Across America by March 8th by email to: ladyadrienneboner@gmail.com

Area IV Book suggestions: Ladies - *Becoming* by Michelle Obama; TTA - *All American Boys* by Jason Reynolds and Brendan Kiely (This is book that will be read for the Area IV TTA book club.)